

Ripple Acu Project Board Meeting Minutes

September 20, 2023

Welcome

Introductions

Open Discussion

-Broad vs. Specific: initial ideas for mission + vision subject to discussion, brainstorming, revision (see communities to serve/projects to focus on below)

Mission: To advance eastern and traditional medicines through access, experiential learning, art, writing, research, and education for patients, students, and practitioners.

Vision: An ocean of support for patients, students, practitioners, and supporters of eastern and traditional medicines

Agreement to leave these as-is for now, with potential to modify as needed in the future.

Stages of Establishing Non-Profit: what has been done and what needs to be done

- Create gmail account and basic [web page](#) - done
- Register business name/non-profit with State of Oregon (\$50) - done
- Apply for EIN/Tax ID with IRS (93-3170180)
- Apply for 501(c)3 status with IRS (\$275)

Next Steps

- Establish roles: president, vice president, secretary, treasurer
- Bylaws:** check [Portland](#) and [Oregon](#) bylaw requirements
- Articles of Incorporation (State of OR via name registration, or...?) - as long as one copy exists, this is sufficient
- Go Fund Me for \$275 Non-Profit Inception (campaign as Kelly, not Ripple)
- Set up bank account w/ non-profit/exempt status (may need to wait for 501(c)3 status to be granted)
- Discuss project foci (*these are ideas subject to brainstorm, collaboration, addition, revision*):
 - **Access:** free acu + herbs for low-income, ethnically/culturally diverse communities (BIPOC, LGBTQIA2s+); establishment of Ripple Institute for Aging Well, offering acu + advanced nutritional care for elderly

- **Experiential education:** acu for K-12 students (K-12 schools, TRIO Upward Bound); Chinese medicinal herb garden for acu/herbal students + the public (see grant opportunity [here](#)) - possible involvement John Jemison (retiring in Dec 2023)/Brad Libby (UM Greenhouse Manager); [farm SE Portland check name/Berly...](#); food/restaurant (spices/herbs... ginger, turmeric)
- **Art, Music, Writing**
 - sponsor artists, musicians, writers (ex: needle statue project: read about it [here](#) and [here](#)) inspired by, raising awareness of eastern and traditional medicines (IMRC, university systems, local maker spaces)
 - podcast/interviews (KBOO) w/ local Portland acupuncturists, patients, medical specialists (Steve's contact Sean Taylor + Armando; Travis Kern @ Root + Branch)
 - book of stories about patient experiences with traditional and east Asian medicines
 - documentary interviews of patients, practitioners, students, featuring artwork from above
- **Research:** increase collaborative research amongst graduate medical schools, traditional medicine schools, individual practitioners, and students (who at OCOM oversees collaboration w/ OHSU: Deb Espesete, Jamie Ralston-Wilson)
- **Education:** offer education-enhancing workshops, acupuncture school (Satya <<private foundations tend to be the ones offering scholarships for students studying eastern and traditional medicines>>)

Fundraisers

- pho making workshop, filmed and offered online
- bbq/back porch gathering
- art/music gala
- open mics
- Kickstand comedy night health/acu theme

Available Resources

Spreadsheets, Documents, Calendars..

Other Business

Diversity is key in terms of board member participation

Future Meeting Dates

1x/quarterly (September, December, March, June)

Vote via email on bylaws in the interim.

Aaron volunteers as Treasurer

Adjourn