
KELLY ANN ILSEMAN

kelly.ilseman@gmail.com

cell: 617 · 784 · 2320

OBJECTIVE

To provide safe, effective acupuncture/eastern medicine treatments (acupuncture, cupping/gua sha, moxa, e-stim, nutrition, shiatsu, qigong)

PROFESSIONAL PROFILE

Licensed Acupuncturist and Herbal Medicine practitioner in to Oregon with five years experience practicing as an intern and professional
Proficient at treating chronic/acute pain, complex biomedical/internal medicine conditions, and mental-emotional well-being
Research Committee Chair for Oregon Acupuncturists Association; director/lead writer for several compilations on acupuncture for pain
Extensive experience in patient advising, health/academic coaching, and student mentoring, research, and education
Over 17 years of grant-writing, program management, and leadership experience for at-risk teens in an educational opportunity setting

FORMAL EDUCATION

Oregon College of Oriental Medicine – MACOM 2020

Master of Acupuncture and Chinese Herbalism, with Shiatsu, Reflexology, Qigong, and Taiji
Merit Scholarship 2017-18; Patricia and Paul C. Bragg Health Sciences Scholarship 2018-19; Community Service Scholarship 2019-20
Specialized in complex biomedical and mental-emotional conditions, women's health, paralysis, chronic pain, cancer, diabetes
Research Design: *Longer Versus Shorter Acupuncture Needle Retention Duration for Treatment of Chronic Pain* · 2020
Clinical Intern: *Legacy Good Samaritan Pain Clinic* with Dr. Kaneko · 2020 // Trained in *NADA protocol* for substance use
Science and Art of Herbalism with Rosemary Gladstar didactic, therapeutic, laboratory, and fieldwork components 2017- 2021

University of Maine, Orono · M.S. 2009-2014 · GPA 3.8; M.Ed. May 2000-2003 · GPA 3.8

Master of Education in Science and Environmental Education; Secondary Certification in Biology & Physical Sciences (ME/OR)
Master of Science in Food Science and Human Nutrition
Thesis: *Maine Farmers' Perspectives: Optimism and Barriers to Providing Food to Feed Maine People*
Publication: Ilseman K. and Hoffmann K. Salamander [Saver]. *The Science Teacher*. 2016; 83(1):37-42.

Gordon College B.S. 1994-1998 · GPA 3.1 · Bachelor of Science Biology · Minor, English Literature

Eastern Maine Community College / Affiliated Labs · Phlebotomy Certification · 2017

Yoga & Meditation Teaching Certifications

500-hr (2014); *200-hr* (2009); *Yin Yoga* (2017); *Yoga Nidra* (2017); *Balanced Athlete* (2016); *Restorative* (2013)

PROFESSIONAL ACUPUNCTURE EXPERIENCE

PDX Points Acupuncture, LLC (July 2021 – present)

Owner, Licensed Acupuncturist, Patient Services, Administration, Insurance Credentialing/Billing, Accounting, Website, Marketing
Run a private acupuncture practice as the primary practitioner; small-business owner/operator; offer acupuncture/related modalities
Initiating non-profit acupuncture outreach called Ripple Acupuncture Project · 2023-2024

Quest Center for Integrative Medicine (December 2021 – present)

Acupuncture sub for WISH (Wellness, Integrity, & Sustainable Recovery) and FSR (Finding & Sustaining Recovery) programs
Offer acupuncture, cupping, bodywork, and herbs for pain management, substance dependence, and trauma as part of an integrative team

Advanced Acupuncture (Oct 2023 - present)

Acupuncturist at medical clinic focused on neurological and internal medicine conditions
Offer acupuncture, shiatsu, cupping/gua sha, bodywork, and herbs for chronic/acute pain management and complex biomedical conditions

Oregon College of Oriental Medicine

Teaching Assistant (September 2020 - August 2024)

Provide writing assistance/grading for DAOM/DACM doctoral case analyses and dissertations

TA: Issues in Public Health, Integrative Medical Research, Shiatsu; Exam Proctor/Sub: Living Anatomy, Point Location

Herbal Medicinary Supervisor (January 2023 - August 2024)

Oversee medicinary operations (one 5-hour shift/week): supervise work-study students, process orders for bulk/granule herbal formulas, trouble-shoot *Endao* software, receive inventory, communicate with buyers, perform product inventory, follow opening/closing procedures, offer customer service/sales, maintain quality control, safety, sanitation, and confidentiality

Golden Hour (February 2022 – May 2023)

Acupuncturist and bodyworker in health and wellness spa

Offered private acupuncture treatments with tuina/shiatsu massage and cupping; offered chair acupuncture, massage, reflexology sessions

PROFESSIONAL ADVOCACY EXPERIENCE

Oregon Association for Acupuncture and Oriental Medicine (OAA) · *Board Member, Research Committee Chair* (Oct 2021-present)

Compiled 47-page research commentary on acupuncture for pain for the CDC's new Opioid Prescription Guidelines update (April 2022)

Provided public testimony and written comments for the Oregon Pain Management Commission module on acupuncture for pain (May 2023)

Presenter at OHA/OHSU sponsored Pain + Opioids Conference "Acupuncture for Pain, Substance Use, and Mental Health" (Apr-May 2024)

Council for Opportunity in Education (COE) *Policy Seminar Representative* · Washington, DC (2014–2016)

Maine Educational Opportunity Association (MEEOA) *President-Elect, President, Past-President* – (2014–2016)

New England Educational Opportunity Association (NEOA) *State Liaison* 2015- 2016); *Arnold L. Mitchem Leadership Institute* (2012-2013)

PROFESSIONAL EDUCATIONAL EXPERIENCE

Upward Bound Math Science (UBMS) Program, University of Maine, Orono

Assistant Director/Academic Counselor (Sept 2005 – Aug 2017); *Graduate Assistant/Facilitator and Mentor* (2001 – 2003 and 2001 - 2005)

Oversaw administrative and fiscal details of the program; assisted with federal grant writing

Recruited and served first-generation students at target high schools in Maine (2005-17), Massachusetts (2008-13), New England (2005-07)

Offered direct outreach, academic counseling, and advocacy services to high school students

Served as contact point for summer students, staff, faculty, and administration

Planned/implemented academic year activities, summer academic curriculum, and attended regional/national advocacy events

Wrote and received grants for STEM-related educational outreach funding (in addition to program grant)

Hired STEM and STEM-Education graduate students/professionals as academic summer staff

Worked with team of faculty to develop and implement novel Group Research/Design Project curriculum each summer

Developed faculty network of STEM Research Mentors on the University of Maine campus and within the local community

Linked 30-40 students/summer with Individual Research Project Mentors

Co-taught experimental design curriculum; oversaw STEM research and design projects

Wrote, compiled, and distributed summer staff and student handbooks and evaluations

Wrote and updated website content; worked with graphic designer to update site in 2017

Assisted high school seniors with the college and financial aid application processes

Wrote recommendation letters for current students, alumni, and former staff members

South Shore Charter School (SSCS) – Norwell, MA (Aug 2003 – June 2004); **Lexington High School** – Lexington, MA (Nov 2004 - Jan 2005)

SSCS: Biology and Chemistry Teacher, Environmental Science Project Leader, Guidance Pod Advisor, Gym Elective Teacher

Lexington: Math/Science/English Tutor for students with special needs (autism and ADHD)

Youth Care After School Program – Charlestown, MA (Sept 2004 - Jan 2005)

Special Needs Therapeutic Social Skills Group Leader for 5- to 8-year olds with autism and ADHD

COMMUNITY SERVICE

OCOM Presidential Search Committee; Student Stakeholder Group (2018); *Career Day Presenter, Portland State University Upward Bound Program; Cherry Blossom Gala Fundraiser, Floater and Silent Auction Volunteer; interacted with guests in evening gala setting* (2018 & 2019); *Start Making a Reader Today (SMART) Program Reader, Sunnyside Environmental Elementary School* (2017 – 2018); *Bangor Humane Society* (2009–2010); *Educational Concerns for Hunger Organization Peace Corps trial farm* (1997); *Habitat for Humanity* (1996)

Science Education Coursework/Internships

Social Context of Education	Statistical Methods in Education	Qualitative Research: Theory, Design, Practice
Experimental Design	Cognitive Development in Children	Adapting Instruction for Students with Disabilities
Seminar in Science Education (K-12)	Planning Environmental Curricula	Advanced Topics in Social Work: Horticulture Therapy
Field Studies in Tropical Ecology	Independent Study: Permaculture	Environmental Horticulture
Technical Presentations	Educational Internship	Forgiveness, Peace, & Reconciliation
BU Naval Blood Research Lab internship	Jackson Laboratory internship	Independent Horticulture Research: <i>Syringa pекinensis</i>
Horticultural Internship at Long Hill Gardens	Horticultural Internship at Surry Gardens	<i>Vaccinium angustifolium</i> tissue culture project

AOM & Medical Coursework

Living Anatomy	Anatomy and Medical Physiology	Western Medical Terminology
Western Medical Pathology	Western Clinical Diagnosis	Qualitative Research: Theory, Practice, Design
TCM Theory and Pathology	Statistical Methods in Research	Experimental Research Design
Chinese Herbal Formulas	Acupuncture Techniques	Community & Behavioral Health
Auricular Acupuncture	Patient-Practitioner Relationship	TCM Pathology: Gynecology
Structural Diagnosis & Advanced Acupuncture	Treating Children with TCM	Clinical Observation and Theatre
Osteoporosis	Intro to Food and Nutrition	Life Cycle Nutrition
Community Nutrition	Advanced Human Nutrition	Lipids, Diet, and Cardiovascular Disease

INTERNATIONAL TRAVEL

Japan (Feb 2023); Playa Viva, Mexico – Grace and Gratitude Yoga Retreat with Hala Khouri (Nov 2016); Cangemi, Sicily – Permaculture Design Course (March 2011); San Juan del Sur, Nicaragua (Aug 2008); South Africa, Kruger National Wildlife Sanctuary (March 2002)